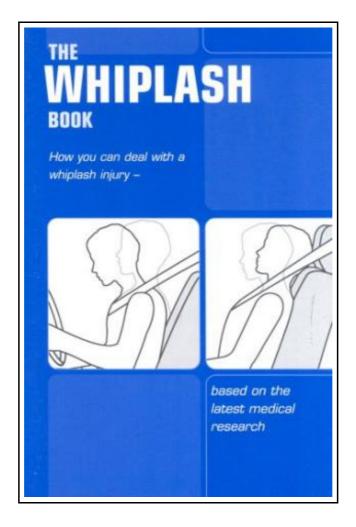
# The Whiplash Book: How You Can Deal with a Whiplash Injury - Based on the Latest Medical Research



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#### Reviews

It is really an remarkable book which i have ever go through. It can be writter in simple terms and not difficult to understand. I am just effortlessly can get a enjoyment of reading a composed pdf. (Dr. Lily Wunsch II)

# THE WHIPLASH BOOK: HOW YOU CAN DEAL WITH A WHIPLASH INJURY - BASED ON THE LATEST MEDICAL RESEARCH



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TSO. Paperback. Book Condition: new. BRAND NEW, The Whiplash Book: How You Can Deal with a Whiplash Injury - Based on the Latest Medical Research, A. Kim Burton, Tim McClune, Gordon Waddell, The Stationery Office, This booklet provides advice and information on how to cope with whiplash injury, in order to avoid long term pain and disability. It is based on medical research and has been written by a multidisciplinary team whose specialisms cover orthopaedics, biomechanics and osteopathy. As the basic message is to keep moving, the booklet includes a number of neck exercises.

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