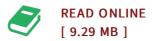




## The Muscles in Your Body (Hardback)

By Bobi Martin

Rosen Education Service, United States, 2015. Hardback. Book Condition: New. 203 x 203 mm. Language: English. Brand New Book. There are over 600 muscles in the human body that we can strengthen, stretch, flex, or simply leave alone. Whether we use them consciously or not, muscles work to protect our bones and keep our blood flowing. In this volume, readers will learn about the different kinds of muscle and why muscles are so essential to everything we dofrom eating to smiling to mastering a sport. Labeled diagrams complement text and highlight important muscles in the body, while boxed questions encourage readers to think critically about the information they learn.



## Reviews

I actually started looking over this publication. It really is rally interesting through studying period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dana Hintz

Good electronic book and valuable one. It really is basic but unexpected situations in the 50 percent in the pdf. You wont really feel monotony at at any moment of your time (that's what catalogues are for concerning when you ask me).

-- Elisa Reinger