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Life Story of Milarepa: Tibet's Poet Saint

By Ken Albertsen

Blue Dolphin Publishing, United States, 2011. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book. Milarepa's story takes place along the high ridges of the Himalayas and is based in large part on true events in his life. Tibetans in particular, and others who are familiar with Tibetan Buddhism, place Milarepa in an exalted status, as both a folk hero, and a living Buddha. Milarepa's teachings are the inspiration for the Diamond Way Karma Kagyü lineage, which is an unbroken succession of lamas (lama, meaning: spiritual teacher) dating from ancient times. Milarepa's life also offers insights into the spiritual richness of ancient Tibet, which included the so-called "white Bon" teachings. Some episodes may seem outlandish, but the reader/listener can decide whether those parts are true-to-life depictions, or whether they are embellishments that one might expect from centuries of retelling a story of such epic proportions. This text does not attempt to cover the myriad details of Milarepa's life, nor does it try to explain the intricacies of Buddhist philosophy, but rather tells the unusual story of a uniquely spiritual man, and the many challenges in his life. Includes 4-hour CD audio recording read by...



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Reviews

Extensive information for book fans. It is written in basic words and never hard to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Otis Wisoky**

This publication is great. It is full of wisdom and knowledge. You will not really feel monotony at any time of the time (that's what catalogs are for relating to when you ask me).

-- **Dr. Everett Dicki DDS**