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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: Spanish . Brand New Book ***** Print on Demand *****.Existen cuatro formas de activar las zonas ocultas de la mente humana. La respiracion El senor de la fuerza. Todas las ensenanzas antiguas como el Chikung (manejo de la energia), el yoga sabian que la respiracion es un elemento fundamental, esto es asi porque la misma region que controla la respiracion tambien controla las funciones autonomas del organismo....

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- Authored by Benami Jellnik
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